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NMYRRSCONNECTIONS

facts and figures from the NEW MEXICO YOUTH RISK & RESILIENCY SURVEY

2017 NM-YRRS Results:

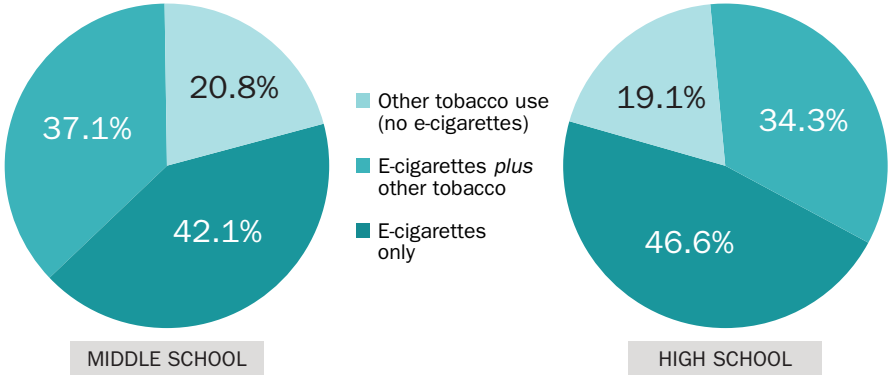
E-Cigarette Use

The use of e-cigarettes during adolescence increases the risk for adverse health effects and lifelong nicotine addiction. This is the second year the NM-YRRS included questions about e-cigarette use. These questions define e-cigarettes as electronic vapor products such as blu, NJOY, Vuse, MarkTen, Logic, Vapin Plus, eGo, and Halo and includes e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens.

Students who used e-cigarettes were likely to engage in similar risk behaviors as students who use other forms of tobacco. Compared to students who did not use e-cigarettes, they were more likely to use other forms of tobacco (47.9% vs. 8.9%), to binge drink (30.8% vs. 4.8%), to use pain killers to get high (14.8% vs. 3.4%), and to earn low grades in school (11.5% vs. 5.1%).

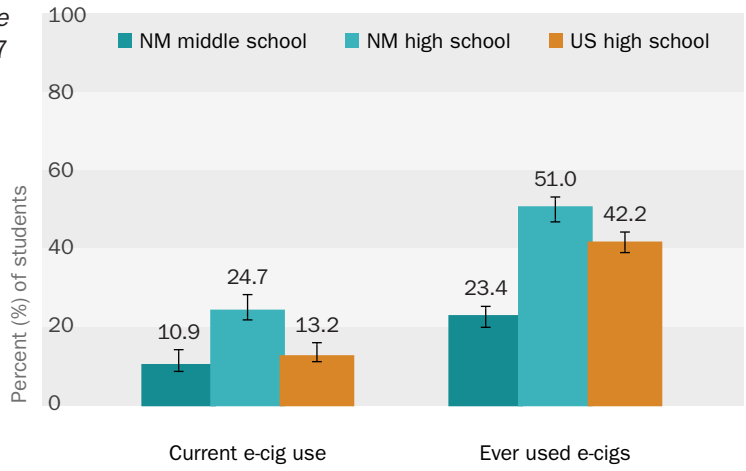
Tobacco use by product type, among current tobacco users,
Grades 6–8 and 9–12 ■ NM ■ 2017

In NM high schools and middle schools, e-cigarettes were the most commonly used tobacco product. Among students who currently used any tobacco products, about 80% used e-cigarettes, either alone or in combination with other tobacco products.



E-cigarette use
Grades 6–8 and 9–12 ■ NM ■ 2017

In 2017, New Mexico high school students had a higher rate of e-cig use than the United States, both for current e-cig use (24.7% vs. 13.2%), and for ever used e-cigs (51.0% vs. 42.2%) (Centers for Disease Control and Prevention). Among NM middle school students, 10.9% currently used e-cigs, and 23.4% ever used e-cigs.



For more in-depth/detailed information about the associations between the use of e-cigarettes and other tobacco products, please see the full tobacco report at **www.youthrisk.org**.

This newsletter was produced by the New Mexico Department of Health, the Public Education Department (NM PED), and the University of New Mexico Prevention Research Center. The NM YRRS receives support from the Centers for Disease Control and Prevention in cooperation with the NM PED through Grant number 1U87PS004195-01. For more information about the YRRS, including methodology, comprehensive state level reports, county level reports, and more, see www.youthrisk.org or nmhealth.org/go/youth. To have an email added, changed or removed from the mailing list, contact YRRS@youthrisk.org.