Getting to 'Y' NM RAPS

Youth Bring Meaning to Their Own Youth Risk & Resiliency Survey (NM-YRRS) Data

Welcome to Getting to 'Y' (GTY)! This program is all about centering youth voice in how we understand and use public health data from the New Mexico Youth Risk & Resiliency Survey (NM-YRRS), or similar data sources.

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Unleashing the Power of Partnership for Learning

In this program, students will:

- recruit students from their school or community, and lead them in a group process to understand and evaluate your local NM-YRRS data
- facilitate discussions with other youth about the strengths and concerns that they discover in their data
- share their data analysis — the top strengths and concerns they identify — with adults in their school and community, and advocate for the changes they want to see
- make action plans for what they want to see happen, and will work with their fellow students and adults in the school and community to make them a reality



It has been proven that this program will allow students to:

- learn how to read and understand data about the lives of teens and how to use the data to shape their school and community to best serve you and your peers
- gain some great leadership skills, like how to facilitate group discussions, how to give presentations, and how to manage a big project
- make new friends and you will make connections with adults at your school and in your community
- have an opportunity to make real changes in your school and community, and to potentially improve the health of your fellow students

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THE PROGRAM IS BROKEN DOWN INTO 6 STEPS:



1. Attend Training Retreat. Lead teacher/adult and student leaders attend project orientation and learn how to organize the Data Analysis Retreat.

2. Conduct the Data Analysis Retreat. Student leaders and the 15–20 peers they have recruited analyze and interpret the NM-YRRS data for their school or community.

3. Plan and Conduct the Community Dialogue Event. The lead team meets to plan what will happen at the dialogue event. At the event, they share interpretations of the data with community members, tell them their ideas, and get their input. Create preliminary action plans.

4. Finalize a Plan of Action and Make it Happen. Student leaders meet to go over preliminary action plans, prioritize next steps, assign tasks, and start making the changes they want to make in the school and community, based on their analysis and discussions.

5. Reflect and Celebrate! Don't forget to save time at the end of the year to sit down with your team to celebrate your successes and identify lessons learned.

6. Keep it Moving. The team gets younger students involved during the next year, keeps adults who agreed to help involved in realizing action plans, and takes a lead role the next time the NM-YRRS is administered at the school.

THE FIRST STEP IS ATTENDING THE TRAINING.

For dates of the next training, contact your GTY Representative. During the training day, participants will...

- build community and connect with students from different schools
- learn about the NM-YRRS and the GTY approach
- review and analyze their own NM-YRRS data through dynamic activities and conversation
- reflect on how their personal identity and experiences influence their perspective on school
- connect their school's data with root causes and potential solutions
- prepare to work as a team to see the project through back at their school

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